

Context / ABC Observation Sheet

Use this sheet when the main question is: "What happened around the observed behavior?"

A = BEFORE / ANTECEDENT B = BEHAVIOR OBSERVED C = AFTER / CONSEQUENCE

DATE

PERSON / INITIALS (optional)

OBSERVER (optional)

SETTING / ACTIVITY

BEHAVIOR OR EVENT BEING OBSERVED

OBSERVATION 1

TIME

A - BEFORE / ANTECEDENT

What happened immediately before?

Activity, request, transition, or setting change.

B - BEHAVIOR OBSERVED

What did you observe?

Describe only what was seen or heard.

C - AFTER / CONSEQUENCE

What happened immediately after?

Response, activity change, pause, access, or

OBSERVATION 2

TIME

A - BEFORE / ANTECEDENT

What happened immediately before?

Activity, request, transition, or setting change.

B - BEHAVIOR OBSERVED

What did you observe?

Describe only what was seen or heard.

C - AFTER / CONSEQUENCE

What happened immediately after?

Response, activity change, pause, access, or

OTHER RELEVANT CONTEXT OR NOTES

Use this space for information that may matter but does not fit cleanly into A, B, or C.

ABC observations document what occurred around an event. They do not, by themselves, establish cause or function.
Use observations as one source of information alongside the person's communication, preferences, history, and other relevant context.