

DIY Sensory Wall Planner

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Use this planner to guide your project step-by-step. Check off each item as you go!

- 1. Choose a safe wall or board space at child's eye level
- 2. Select theme or mix of sensory inputs (textures, movement, visual, proprioceptive)
- 3. Sketch a layout including tactile zones, interactive elements, and fine-motor features
- 4. Gather or upcycle materials (details in Page 2)
- 5. Secure the base and heavy items firmly to prevent tipping
- 6. Attach fabrics, zippers, Velcro patches, switches, mirrors, or lights
- 7. Test with your child and rotate elements if needed to sustain engagement
- 8. Mount the final board safely using anchors or a free-standing frame
- 9. Label zones or color-code for clarity
- 10. Enjoy sensory play and observe what works best

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Materials Tracker

Item	Notes / Sourcing
■ Base board (plywood, cork, foam)	
■ Textures: felt, sandpaper, satin, bubble wrap, carpet squares, foam tiles	
■ Interactive pieces: door knobs, locks, zippers, switches, light switches	
■ Fine-motor accessories: bead maze, spinners, shoelaces, clips, buttons	
■ Visual elements: LED lights, mirrors, Velcro patches, colored paper	
■ Upcycled items: bottle caps, keys, old gadgets, CDs, containers	
■ Adhesives & fasteners: glue, screws, Velcro strips, brackets	
■ Safety prep: sandpaper for smoothing edges, non-toxic sealant, edge covers	

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